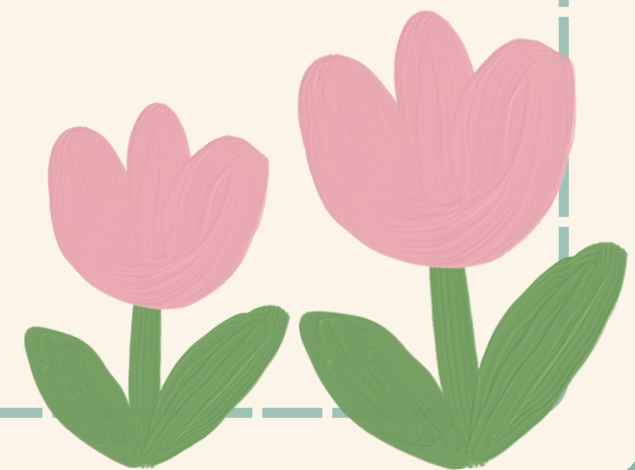


Welcome to Cedar & Sound Daycare!

A daycare dedicated to early
learning and growth.





MEET THE PROVIDER FURQAN QASIM

Intro

I'm excited to welcome your little ones to our daycare family!

- I'm passionate about early childhood development and creating a safe, nurturing space for children to learn and grow.
- I personally develop the curriculum and weekly schedule, ensuring a balanced mix of structured learning, creative play, and outdoor exploration.



- My teaching style is hands-on, engaging, and nature-inspired. I encourage children to learn through play, curiosity, and real-world experiences.
- Hands-on, engaging, and nature-inspired teaching style that encourages learning through play, curiosity, and real-world experiences



YOUR CHILD'S SAFETY, GROWTH & CARE IS MY PRIORITY

CERTIFIED & TRAINED IN:

- CPR (Infant, Child & Adult – Hands-on)
- Basic/Standard First Aid
- Bloodborne Pathogens / HIV-AIDS
- Safe Sleep Practices
- Medication Management
- Abusive Head Trauma Prevention

- Emergency & Disaster Preparedness
- Mandated Reporter: Child Abuse & Neglect
- Supporting Families Experiencing Homelessness
- Immunizations
- Tuberculosis (TB) Clearance
- Food Handling Safety

- Weekly & monthly child development training through UW
- Graduate student at WSU, committed to lifelong learning
- Licensed daycare through Washington State DCYF

THE MEANING BEHIND CEDAR & SOUND DAYCARE

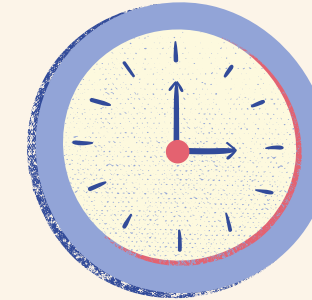
Cedar & Sound Daycare reflects my love for the Pacific Northwest and its natural beauty

- **Cedar:** The Red Cedar Tree, known as the Tree of Life, symbolizes strength, growth, and cultural heritage.
- **Sound:** Inspired by the Puget Sound, representing peace and a nurturing environment.

Together, Cedar & Sound is a celebration of both the natural world and the cultural heritage of the Pacific Northwest.



HOURS OF OPERATIONS

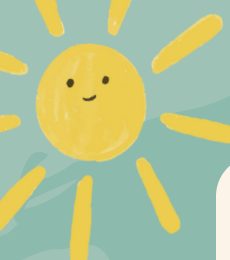


Hours

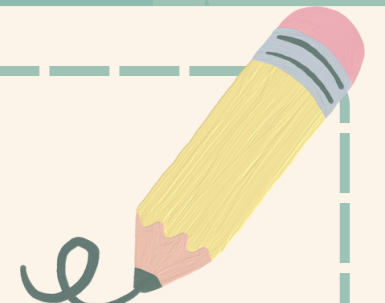
Monday – Friday,
6:00 AM – 7:00 PM

Parents' Night Out

- Selected Fridays & Saturdays,
5:00 PM – 8:00 PM
- Safe, engaging activities for
children
- Families will be notified in advance



TUITION

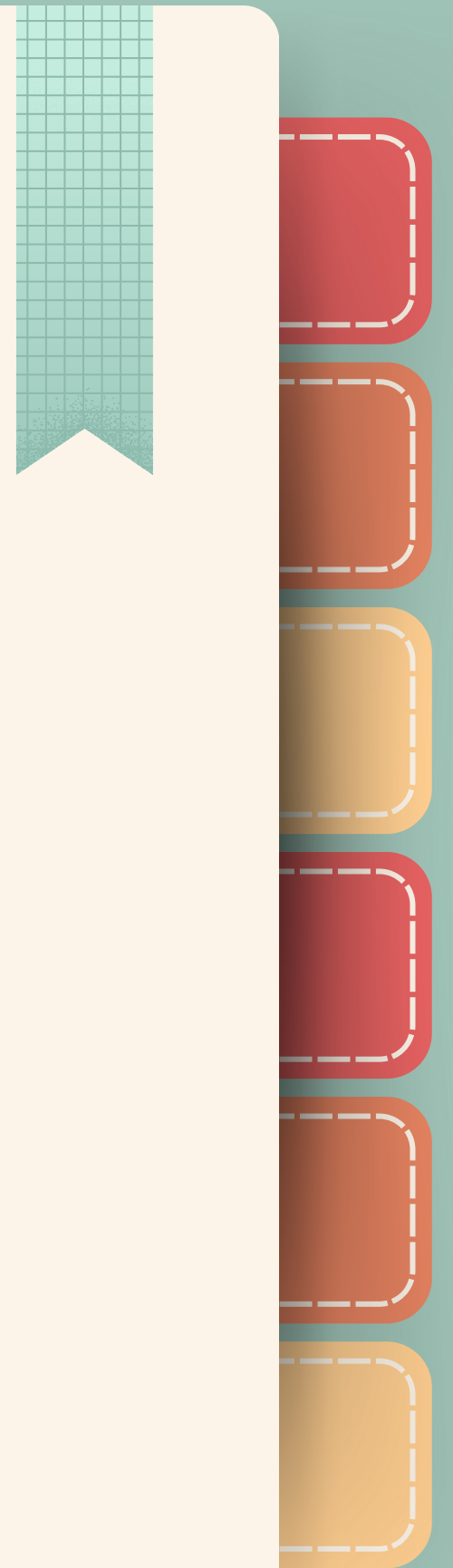


Age Group	Daily Rate	Half-Day Rate	Full-Time Weekly	Part-Time Weekly
Infants (0-11 Months)	\$85.00	\$51.00	\$425.00	\$255.00
Toddlers (12-29 Months)	\$85.00	\$51.00	\$425.00	\$255.00
Preschool (30 mo – 5 yrs)	\$80.00	\$48.00	\$400.00	\$240.00
School-Age (5-12 Years)	\$70.00	\$39.00	\$350.00	\$195.00





DISCOUNTS & ADDITIONAL FEES



Sibling Discount

- 10% off for siblings
- Applies to full-time weekly rates only

Late Pick-Up Fee:

- \$1 per minute after scheduled pick-up

Annual Registration Fee

- \$50 per child

Late Payment Fee:

- \$25 per day if payment is not received by the due date

MEALS & SNACKS

At Cedar & Sound Daycare, we believe that healthy bodies fuel growing minds.

- All meals and snacks are USDA-approved and adhere to the latest evidence-based nutrition practices.
- We provide two nutritious meals and two snacks each full day, carefully planned to support growing bodies and active minds.
- Our menus feature a variety of fresh fruits, vegetables, whole grains, and high-quality proteins.
- Water is always available, and milk or milk alternatives are served with meals. We respect and accommodate special dietary needs and allergies.
- On Cultural Exploration Thursdays, we introduce children to new cuisines and traditions each week, fostering curiosity and cultural awareness through food. 🌍🍴

A TASTE OF CEDAR & SOUND



<i>Monday</i>	Breakfast	Snack	Lunch	Snack
	WHOLE WHEAT BANANA PANCAKES (MILK)	MASHED MANGO WITH YOGURT (WATER)	SOFT TURKEY MEATBALLS, MASHED SWEET POTATOES, STEAMED GREEN BEANS, DICED PEACHES (MILK)	SOFT WHOLE WHEAT CRACKERS WITH PEANUT BUTTER (100% JUICE)

<i>Tuesday</i>	Breakfast	Snack	Lunch	Snack
	OATMEAL WITH MASHED BERRIES (MILK)	APPLESAUCE WITH CINNAMON (WATER)	FLUFFY SCRAMBLED EGGS, WHOLE WHEAT ENGLISH MUFFIN (SOFT), SOFT BAKED APPLE SLICES (MILK)	COTTAGE CHEESE WITH MASHED MELON (100% JUICE)

 ETHNIC DAY	Breakfast	Snack	Lunch	Snack
	 WHOLE WHEAT PITA WITH SCRAMBLED EGGS AND MILD YOGURT SAUCE (MILK)	 SOFT HUMMUS WITH WHOLE WHEAT CRACKERS (WATER)	 SOFT CHICKEN SOUVLAKI (GRILLED SHREDDED CHICKEN, WHOLE WHEAT PITA, MILD YOGURT SAUCE), STEAMED CHOPPED CUCUMBER, MASHED WATERMELON	 GREEK YOGURT WITH HONEY (100% JUICE)

Chapter 2



Thank You

By Furqan Qasim